

# Longest Day's Run 5m and 5K 2009

## Age Group Results

June 21, 2009

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### Results By Morning Star Timing.

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## Longest Day 5k

### Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susan Baumhover		45	19	28:17.6	9:07/M

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### Women 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Shelby Deutsch		11	44	37:19.4	12:02/M

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### Women 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Megan Baumhover	Windsor CO	15	35	30:17.6	9:46/M
2	Hadley Baumhover	Windsor CO	15	37	31:27.8	10:09/M
3	Arianna Kadlus		19	57	45:22.1	14:38/M

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### Women 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Asia Stockwell	Greeley CO	25	27	29:34.0	9:32/M
2	Leisha Robinson	Windsor CO	28	34	30:13.3	9:45/M
3	Sarah Murrow		20	39	33:46.7	10:54/M
4	Kayla Rael		20	40	33:47.8	10:54/M
5	Abigail Fear		26	49	42:00.2	13:33/M
6	Ashley Elder		23	63	48:03.9	15:30/M
7	Lara Merkey		20	65	48:13.8	15:33/M
8	Joy Turner	Windsor CO	28	66	48:31.3	15:39/M
9	Michaela Strand		21	72	52:23.3	16:54/M

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## Women 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ashley Steffeck		37	32	30:09.5	9:44/M
2	Colleen Townsend	Windsor CO	31	41	34:29.8	11:07/M
3	Billie Cramer		31	42	34:37.3	11:10/M
4	Tracey Scheer	Windsor CO	35	47	40:35.9	13:05/M
5	Mendy Peterson	Windsor CO	34	48	40:41.7	13:07/M
6	Agnes Lofton		36	51	42:33.7	13:44/M
7	Marla Smith		35	54	44:14.9	14:16/M
8	Christie Wiererts		34	70	50:47.1	16:23/M
9	Pamela Rice		38	74	1:09:08.1	22:18/M

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## Women 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andrea Strand	Brush CO	48	25	29:26.2	9:30/M
2	Theresa Rainey		48	46	38:11.0	12:19/M
3	Dawn Jensen		49	55	44:16.1	14:17/M
4	Robin Westra		41	56	45:20.7	14:37/M
5	Rose Merkey		47	62	48:02.4	15:30/M
6	Kim Martin		47	64	48:12.4	15:33/M

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## Women 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Lynn Pinteric		55	59	46:29.3	15:00/M
2	Luanne Kadlus		54	60	46:31.0	15:00/M
3	Catherine Garcia	Windsor CO	55	68	48:33.7	15:40/M
4	Laurel Buchanan		59	69	48:51.5	15:45/M

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## Women 65 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Julia Valdez		68	71	50:48.3	16:23/M
2	Saron Renke		67	73	53:51.4	17:22/M

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## Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ben Nelson	Fort Collins CO	32	1	17:59.9	5:48/M

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## Men 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samuel Westra		14	7	22:03.7	7:07/M

2	Jack Westra		11	20	28:23.1	9:09/M
3	Cameron Lofton		11	30	30:05.9	9:42/M
4	Derek Lofton		8	50	42:33.5	13:44/M

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## Men 15-19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Garrett Winner	Windsor CO	16	2	19:24.3	6:15/M
2	Kolton Renke		17	6	21:41.3	7:00/M
3	Kyle Gonzales		16	10	22:48.2	7:21/M

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## Men 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robb Talbott		20	4	20:53.3	6:44/M
2	Barry Strand		23	5	21:10.3	6:50/M
3	Zach Elliott		22	12	23:19.0	7:31/M
4	Jason Kerr		26	24	28:47.4	9:17/M
5	Spencer Rice		29	28	29:44.6	9:35/M
6	Brian Knifong		25	36	30:57.6	9:59/M
7	Sean Rice		26	75	1:09:09.4	22:18/M

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## Men 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robin Sagel		38	3	20:24.5	6:35/M
2	Hdyer Durre		34	9	22:12.1	7:10/M
3	Jeff Hare	Platteville CO	39	14	24:02.2	7:45/M
4	Thomas McDaniel		32	16	25:16.5	8:09/M
5	Dan Day		38	26	29:27.6	9:30/M
6	Jon Lofton		37	31	30:08.0	9:43/M
7	Mike Steffeck		37	33	30:10.5	9:44/M
8	Robert Weist		38	38	32:33.1	10:30/M
9	Kari Durre	Fort Collins CO	34	61	46:50.5	15:06/M

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## Men 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Greg Baumhover	Windsor CO	43	8	22:09.6	7:09/M
2	Jerry Adams		44	11	23:05.8	7:27/M
3	Scott Winner	Windsor CO	43	13	23:23.9	7:33/M
4	Pier Parisi	Fort Collins CO	45	15	25:12.0	8:08/M
5	David Richter	Windsor CO	48	21	28:24.9	9:10/M
6	Tony Bates	Windsor CO	45	23	28:28.2	9:11/M
7	Matthew Revitte		49	43	34:47.1	11:13/M
8	Robert Rainey	Windsor CO	49	45	38:06.3	12:17/M
9	Ed Czech		41	53	43:36.4	14:04/M

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## Men 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brad Hiett	Windsor CO	55	17	25:17.9	8:09/M
2	Doug Demercario		58	18	25:21.0	8:11/M
3	Greg Rice		58	29	29:53.8	9:38/M
4	Frank Pinteric		54	58	46:28.0	14:59/M
5	Santiago Garcia	Windsor CO	58	67	48:32.5	15:39/M

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## Men 65 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephen Lake	Fort Collins	68	22	28:26.5	9:10/M
2	Herb Renke		68	52	43:20.5	13:59/M

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## Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Angie Goodson	Fort Collins CO	33	3	32:23.1	6:14/M

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## Women 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Sarah Staley		15	19	46:15.7	8:54/M
2	Samantha Patrick	Windsor CO	16	30	1:05:32.5	12:36/M

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## Women 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Morgan Dahlman	Greeley CO	22	9	38:13.4	7:21/M

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## Women 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andrea Wallace	Windsor CO	36	12	42:34.4	8:11/M
2	Julie Deutsch	Fort Collins CO	35	23	49:39.6	9:33/M
3	Kristen Olenic	Fort Collins CO	38	24	50:36.3	9:44/M
4	Angela McNair	Windsor CO	31	27	52:47.6	10:09/M

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## Women 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Stephanie Cooke	Johnstown CO	41	28	56:11.5	10:48/M

2	Tammy Hiatt		42	31	1:32:23.1	17:46/M
3	Rhonda Hiatt		49	33	1:32:23.3	17:46/M

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## Women 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beu Pedersen		61	25	52:13.2	10:03/M

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## Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Micheal Gates	Cheyenne WY	27	1	30:07.0	5:48/M

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## Men 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Connor Goodson		10	2	32:18.5	6:13/M
2	Luca Monaco		12	32	1:32:23.2	17:46/M

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## Men 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Gohl	Westminster CO	23	7	36:08.7	6:57/M

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## Men 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Todd Deutsch		35	6	35:59.4	6:55/M
2	Jason White		37	8	36:42.7	7:03/M
3	Paul Herman	Johnstown	37	10	38:24.7	7:23/M
4	Casey McDaniel	Windsor CO	36	13	42:51.5	8:14/M
5	Jeff McNair		34	14	43:32.6	8:22/M
6	Jake Underwood		32	18	44:56.7	8:38/M
7	Will Swope		32	21	48:28.1	9:19/M

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## Men 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	David Strand	Brush CO	49	4	35:07.6	6:45/M
2	Rodd Talbott		46	15	43:34.9	8:23/M
3	William Petes		48	20	46:56.1	9:02/M
4	Nathan Jones		49	29	1:02:36.5	12:02/M

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## Men 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jose Valdes	WINDSOR CO	56	5	35:23.1	6:48/M
2	Scott Gaines		51	11	38:43.1	7:27/M
3	Jeff Mitchell	Fort Collins CO	51	17	44:52.2	8:38/M
4	Jim Jensen		55	22	49:20.8	9:29/M

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## Men 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Pedersen	Fort Collins CO	62	26	52:14.3	10:03/M

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## Men 65 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ross Westley	Arvada	72	16	44:37.7	8:35/M

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Software: The Race Director, Race Management Systems, <http://www.theracedirector.com>