

Sweetheart Classic 4 mile & Couples Race 2009 4 mile run

Age Group Results

February 14, 2009

Results By Morning Star Timing.

Men: [0-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-99](#)

Women: [0-19](#) [20-29](#) [30-39](#) [40-49](#) [50-59](#) [60-99](#)

Overall Female Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ashlee Smalley	Smalley	17	7	25:22.7	6:21/M

[Top](#)

Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Karen Anderson	Anderson	47	27	28:08.7	7:02/M

[Top](#)

Women 19 and under

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Amy Tardif		18	102	37:03.5	9:16/M
2	Britany Hayward		13	139	40:57.9	10:14/M
3	Taryn Archuletta		13	158	45:16.8	11:19/M
4	Lauren Hodges	Hodges	19	170	46:53.8	11:43/M

[Top](#)

Women 20 to 29

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carrie Murphy	Murphy	24	18	27:09.2	6:47/M
2	Ryann Carlson	Carlson	26	23	27:38.9	6:55/M
3	Megan Hebbe		25	24	27:42.2	6:56/M
4	Lauren Pearson		21	26	28:05.0	7:01/M
5	Jen Gunderson		22	36	29:14.8	7:19/M
6	Stephan Forrest	Forrest	22	37	29:16.4	7:19/M
7	Cassie Sonnenberg		23	39	29:37.0	7:24/M
8	Susan Schulz		23	58	31:55.4	7:59/M
9	Jill Weiman	Weiman	25	60	32:24.2	8:06/M

10	Jessica Rutherford		29	61	32:28.1	8:07/M
11	Katie Johnson		22	64	32:47.2	8:12/M
12	Danielle Gustafson		24	70	33:38.8	8:25/M
13	Jacklyn Engstrom	Engstrom	22	74	34:10.6	8:33/M
14	Sarah Thompson		29	76	34:13.1	8:33/M
15	Jaylin Ruiz		28	82	35:21.1	8:50/M
16	Christine Champion		24	87	35:34.4	8:54/M
17	Amber Peterson		28	91	35:58.7	9:00/M
18	Emilee Hutchins		21	94	36:19.0	9:05/M
19	Jeanette Easter		26	101	37:01.3	9:15/M
20	Nicole Grine		29	106	37:14.2	9:19/M
21	Kathy Nolan		26	107	37:20.2	9:20/M
22	Cara Greenwalt		26	108	37:21.9	9:20/M
23	Mindy Kissner		29	119	39:03.0	9:46/M
24	Sarah Mulder		24	126	39:31.1	9:53/M
25	Jessy Bugg	Bugg	22	132	40:02.9	10:01/M
26	Heather Dirkmaat		27	145	42:31.9	10:38/M
27	Carissa Landsperger	Landsperger	22	150	43:26.9	10:52/M
28	Danielle Willis	Willis	26	173	47:53.1	11:58/M
29	Sarah Eller		26	177	50:18.7	12:35/M
30	Amber Eckels		23	183	54:30.2	13:38/M

[Top](#)

Women 30 to 39

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tany Perry		37	35	29:10.8	7:18/M
2	Wendy Miner	Miner	34	41	29:42.8	7:26/M
3	Erica Demint		34	48	30:34.6	7:39/M
4	Joni Horst		39	63	32:34.6	8:09/M
5	Shauna Hlarka	Hlarka	35	67	33:18.4	8:20/M
6	Cleo Devany		39	68	33:22.5	8:21/M
7	Amy Paterson		37	69	33:32.9	8:23/M
8	Melissa Shedd	Shedd	37	88	35:35.9	8:54/M
9	Allison Bird		32	92	35:59.0	9:00/M
10	Lesia Biedron	Biedron	31	93	36:12.1	9:03/M
11	Allison Remund		37	96	36:30.8	9:08/M
12	Sarah Peterson		34	112	37:53.4	9:28/M
13	Amy Coen		33	115	38:49.9	9:42/M
14	Carr Kristen	Carr	36	120	39:04.3	9:46/M
15	Angelina Rudolph		31	121	39:04.6	9:46/M
16	Kelli Dwyer		39	122	39:14.0	9:49/M
17	Jarrie Johns		32	124	39:23.1	9:51/M
18	Carrie Christensen	Christensen	30	125	39:23.4	9:51/M
19	Brandy Marshall		35	131	40:01.9	10:00/M
20	Valerie Couture		34	134	40:07.5	10:02/M
21	Katie Connaught Auman		35	136	40:10.3	10:03/M
22	Sara Docksey		32	148	43:03.6	10:46/M
23	Talli Hill	Hill	30	151	43:37.4	10:54/M
24	Krista Oschmann		31	153	43:57.9	10:59/M
25	Erin Wegner		30	155	44:21.6	11:05/M
26	Kimberly Neeper		37	156	44:40.5	11:10/M
27	Samantha Tucker		31	161	45:43.3	11:26/M
28	Angela Deabler		33	162	45:43.6	11:26/M
29	Heather Hein		34	163	45:44.2	11:26/M
30	Teri King		31	165	45:54.4	11:29/M
31	Angie Vanheel		34	166	45:58.2	11:30/M
32	Jacqui Seymore	Seymore	39	169	46:52.1	11:43/M
33	Melissa Myers		31	172	47:42.3	11:56/M
34	Molly McLean	McLean	38	174	48:07.8	12:02/M
35	Ruth Eller		34	178	50:19.2	12:35/M

36	Emily Shelton		32	182	54:28.0	13:37/M
37	Sarah Kaveny		32	186	58:46.1	14:42/M
38	Chelsey Axtell		36	187	1:00:20.8	15:05/M
39	Brenda Laughlin		35	195	1:03:08.7	15:47/M
40	Nicole Forster		37	199	1:04:03.2	16:01/M
41	Danielle Peterson		33	210	1:09:28.1	17:22/M
42	Jen Sosa	Sosa	32	213	1:16:21.6	19:05/M

[Top](#)

Women 40 to 49

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jane Reaves	Reaves	42	31	28:46.3	7:12/M
2	Cindy Strzelec		41	42	29:44.4	7:26/M
3	Sarah Engle	Engle	46	66	33:11.5	8:18/M
4	Susan Ackerman		44	79	34:27.7	8:37/M
5	Janice Moore		45	86	35:33.8	8:53/M
6	Cynthia Soguro	Soguro	46	103	37:08.9	9:17/M
7	Andrea Strand	Strand	48	113	38:03.9	9:31/M
8	Johna Cabrera		40	114	38:32.7	9:38/M
9	Celia Doherty		41	123	39:18.3	9:50/M
10	Elaine McGuire		48	141	41:10.4	10:18/M
11	Lesley Osen		45	143	41:52.2	10:28/M
12	Deborah Dabney		40	167	46:14.7	11:34/M
13	Robyn Hess	Hess	45	180	52:25.6	13:06/M
14	Julie Corner	Corner	40	185	57:24.3	14:21/M
15	Susan Staples		40	194	1:02:20.5	15:35/M
16	Teresa Egan	Egan	49	200	1:04:03.7	16:01/M
17	Rebecca Baril	Egan	48	201	1:04:25.4	16:06/M
18	Sabre Middlekauff		44	209	1:09:27.7	17:22/M

[Top](#)

Women 50 to 59

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Pam Boudreau	Boudreau	52	28	28:10.5	7:03/M
2	Diane Groff		51	51	31:05.1	7:46/M
3	Debbie Buehler		50	59	32:13.3	8:03/M
4	Joanne Harms		57	83	35:29.8	8:52/M
5	Reams Kathy	Reams	50	89	35:42.2	8:56/M
6	Arminda Townsend		54	97	36:32.8	9:08/M
7	Lila Trull	Trull	53	130	39:57.4	9:59/M
8	Phillis Burley		58	137	40:46.7	10:12/M
9	Jan Diller		54	140	41:03.2	10:16/M
10	Felicia Knee	Knee	55	142	41:15.3	10:19/M
11	Sue Magenis	Magenis	51	146	42:42.2	10:41/M
12	Pamela Clifford		51	157	44:46.2	11:12/M
13	Betsie Esposito		50	181	52:26.8	13:07/M
14	Michele Kaveny	Kaveny	51	189	1:00:53.5	15:13/M
15	Diana Christopherson	Christopherson	54	191	1:01:20.1	15:20/M
16	Robin Willis	Willis	57	192	1:01:28.7	15:22/M
17	Lynn Vosler		52	202	1:04:44.7	16:11/M
18	Anne Solis		51	203	1:04:45.0	16:11/M
19	Debbie Walter		55	204	1:04:45.4	16:11/M
20	Leigh Ann Smith		53	205	1:06:05.8	16:31/M
21	Lisa Kirby		50	206	1:06:09.3	16:32/M
22	Robin Janes	janes	54	207	1:08:35.8	17:09/M
23	Debra Christianson		51	208	1:09:27.4	17:22/M
24	Linda Coye	Coye	55	215	1:16:23.9	19:06/M

25	Debbie Loeffler	Loeffler	54	217	1:16:28.7	19:07/M
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[Top](#)

Women 60 and over

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Lattimer	Lattimer	61	196	1:03:09.0	15:47/M
2	Dodie Tipton		60	211	1:09:29.7	17:22/M

[Top](#)

Overall Male Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Doug Bell		58	1	23:40.6	5:55/M

[Top](#)

Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Raul Carrizalez		48	5	24:45.5	6:11/M

[Top](#)

Men 19 and under

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kody Leach	Smalley	17	8	25:22.9	6:21/M
2	Michael Biswell	Ackerman	18	43	29:50.0	7:28/M
3	Cooper Bowen		14	50	30:55.6	7:44/M
4	Matthew Moore		13	85	35:33.4	8:53/M
5	Dixon Cooney		13	110	37:46.2	9:27/M
6	Alex Seymore		8	159	45:28.1	11:22/M

[Top](#)

Men 20 to 29

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cody Bowman	Christensen	23	3	24:17.5	6:04/M
2	Murphy, Sid	Murphy	27	12	26:19.3	6:35/M
3	Bryce Carlson	Carlson	26	15	26:48.9	6:42/M
4	Chris Schaumbert		26	17	26:59.5	6:45/M
5	Jordan Fenner		28	72	33:51.2	8:28/M
6	David Boguski	Engstrom	22	75	34:10.8	8:33/M
7	Jim Babka		25	77	34:15.6	8:34/M
8	Robert Landsperger	Landsperger	25	80	35:07.7	8:47/M
9	Greg Goepfert		22	81	35:17.3	8:49/M
10	James Evertitt		29	99	36:42.8	9:11/M
11	Stefan Lamb	Lajeunesse	22	100	36:43.7	9:11/M
12	Justin Rupert	Honeker	27	116	38:53.6	9:43/M
13	Jake Fray		24	135	40:08.1	10:02/M
14	Evan Willis	Willis	27	144	42:24.0	10:36/M
15	Garrett Burton		22	147	42:50.9	10:43/M
16	Zach Brunetti	Hodges	20	171	47:10.8	11:48/M
17	Mike Verbit		28	176	49:59.9	12:30/M
18	Tim Sibert		22	219	1:17:19.2	19:20/M

[Top](#)

Men 30 to 39

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Matt Norton		34	2	24:06.6	6:02/M
2	Jeff French		38	4	24:33.9	6:08/M
3	John Williams		38	6	24:56.7	6:14/M
4	Anothny Cerullo		36	14	26:26.1	6:37/M
5	Elliot Ball		33	16	26:53.8	6:43/M
6	Matthew Biedron	Biedron	32	21	27:34.6	6:54/M
7	Erik Easter		36	29	28:13.6	7:03/M
8	Clayton Kostelecky		34	33	28:57.3	7:14/M
9	Jason Hughes		31	34	28:59.5	7:15/M
10	Kris Barrow		32	46	30:19.7	7:35/M
11	Paul Herman		37	49	30:49.6	7:42/M
12	Rob Shedd	Shedd	39	53	31:13.9	7:48/M
13	Jacob Miner	Miner	34	55	31:37.5	7:54/M
14	Michael Criger		39	71	33:46.2	8:27/M
15	Todd Sledge	Hlarka	35	111	37:52.0	9:28/M
16	Travis Bugg	Bugg	30	133	40:03.1	10:01/M
17	Rob Hill	Hill	34	152	43:53.4	10:58/M
18	John Stechen	Corner	39	184	55:21.0	13:50/M
19	Phillip Willis	Sosa	30	214	1:16:23.0	19:06/M

[Top](#)

Men 40 to 49

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Cathcart		44	10	25:48.0	6:27/M
2	nelson Anderson	Anderson	46	11	26:04.0	6:31/M
3	Rick Denning		48	13	26:21.8	6:35/M
4	Christopher Benton		49	19	27:25.9	6:51/M
5	Michael Engle	Engle	49	20	27:32.2	6:53/M
6	David Strand	Strand	49	22	27:38.7	6:55/M
7	dave Heintz		45	25	28:01.9	7:00/M
8	Patrick Gaines	Reaves	41	32	28:46.5	7:12/M
9	Brian Giangue		40	38	29:34.0	7:24/M
10	Chris Forte		44	40	29:39.4	7:25/M
11	Dean O'Brien		49	52	31:07.7	7:47/M
12	Darren Lautt		44	62	32:29.9	8:07/M
13	Jay Ackerman		45	78	34:17.8	8:34/M
14	Ed Bowen		46	90	35:45.3	8:56/M
15	Jim Parks		41	95	36:30.1	9:08/M
16	Scott Inloes		41	98	36:40.4	9:10/M
17	Michael Soguro	Soguro	46	104	37:09.2	9:17/M
18	Matthew Revitte		49	138	40:53.9	10:13/M
19	Rich Neal	Mclean	41	175	49:25.2	12:21/M
20	Craig Forster		41	198	1:03:42.4	15:56/M
21	Todd Dicesare		49	212	1:14:37.3	18:39/M

[Top](#)

Men 50 to 59

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Trull	Trull	56	30	28:19.4	7:05/M
2	Samuel Ramos		59	44	29:57.8	7:29/M
3	Peter Strebe		51	45	30:07.7	7:32/M

4	Robert Roedockeu		50	47	30:24.6	7:36/M
5	Ted Mioduski		52	54	31:16.7	7:49/M
6	Brakea Kinlund		55	57	31:49.0	7:57/M
7	Speck, Paul	Reams	56	65	32:50.3	8:13/M
8	Scott Gillan		51	73	33:53.0	8:28/M
9	Gerald Cooney		50	84	35:30.6	8:53/M
10	Bernie Haley		56	118	38:54.8	9:44/M
11	Carly Sutter		54	127	39:31.4	9:53/M
12	Tom Boudreau	Boudreau	57	128	39:48.2	9:57/M
13	Jan Schmid		58	129	39:49.9	9:57/M
14	Mike Knee	Knee	57	149	43:13.2	10:48/M
15	Scott Randall		51	160	45:41.3	11:25/M
16	Kevin Magnies	Magenis	54	164	45:53.4	11:28/M
17	Bob Walch	Hess	54	179	52:25.1	13:06/M
18	Steve Kaveny	Kaveny	57	188	1:00:21.6	15:05/M
19	Tim Christopherson	Chirstopherson	56	190	1:00:53.8	15:13/M
20	Dean Willis	Willis	59	193	1:02:20.0	15:35/M
21	Gerry Coye	Coye	57	216	1:16:24.6	19:06/M
22	Tom Pollard	Loeffler	52	218	1:16:31.1	19:08/M

[Top](#)

Men 60 and over

<u>Place</u>	<u>Name</u>	<u>Team</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Roeske		60	9	25:45.5	6:26/M
2	Dave Klippe		61	56	31:41.1	7:55/M
3	Stephen Lake		68	105	37:10.8	9:18/M
4	Adrian Martinez		61	109	37:36.0	9:24/M
5	Ron Pederson		61	117	38:53.9	9:43/M
6	Jack McGizew		63	154	43:58.0	11:00/M
7	Dave Derick	Carr	60	168	46:21.4	11:35/M
8	Ed Lattimer	Lattimer	62	197	1:03:42.1	15:56/M

Software: The Race Director, Race Management Systems, <http://www.theracedirector.com>